

WE GUARANTEE GOOD HEALTH

By Dr. Lev Kipnis & Dr. Vadim Dekhtyar

The end of the nineteenth and the beginning of the twentieth centuries brought not only social and economic changes to the world, but also an explosion in the development of research in the areas of biology, chemistry, and technology. As a result, the medical field leapt forward, equipped with the ability to see inside the body with x-rays as well as the ability to observe and record heart rhythm activity with electrocardiology. The theory of Pavlov's reflex (conditioned response), the development of antibiotics, the research in genetics, computer imaging, the replacement of heart valves and blood vessels ... it is difficult here to mention all that has been achieved and applied in medicine.

All of this, to be sure, engenders great pride; yet why are more and more people dying from cancer? Why is such a large percentage of the population in the USA, a country so rich and highly developed (especially in the area of medicine), suffering from gastric and intestinal sicknesses? Why, when store shelves are filled with thousands of food products and broad varieties of fruit and vegetables all year long, are people developing vitamin deficiency and osteoporosis? Why, when we are spending less and less time and energy on meeting our basic needs, and with all the opportunities for physical exercise and vacation in the country, are more and more Americans suffering from depression?

Now we should ask the most important question of all: Why is the established medical profession not responding to these problems?

“Of course they are responding.” Some critics will answer. Admittedly, there is an abundance of books written that explore the risk factors of different sicknesses. Read them, educate yourself, and save yourself - all you who are drowning in an ocean of obscure and contradictory information! For most people this is a difficult task. It is much easier to understand and remember TV ads that talk about new achievements in pizza preparation, soda, and candy - and then within 20 – 30 minutes we also have to take in more ads offering medicine for heartburn, constipation, and flatulence.

“There is a pill for everything,” insist the ads and collective opinion of many doctors. But today more and more people are dissatisfied with this formula. All of this has happened for a simple reason—namely, that the established field of medicine never had and still does not have a defined system of preventative medicine. And, most importantly, they do not have a common or even individual passion for personal health preservation. The human organism is viewed as a war-zone, to which the doctor must bring in his weapons, such as antibiotics, which must do their intended work in the system, suppressing the detrimental sickness on behalf of the man. Of course this was an ingenious innovation, but we must not forget that, at the beginning, antibiotics were natural and grown in test-tubes. But then scientists learned how to artificially synthesize medicine, and this completely turned the development of medicine in another direction. Now, as a consequence, it seems as if doctors are, generally speaking, not really

concerned about the person, but only the sick organ and the means by which one can heal it.

As a result of this, in the first place, the integrity of the body as a complete organism is diminished, and, secondly, we forget that the body already has all that it needs to fight the sickness. We do not deny the benefits of antibiotics; of course they are beneficial. Antibiotics are needed to fight bacteria when they affect an organ - but this is only a small part of medicine. Non-bacterial diseases develop in completely different ways and therefore require completely different methods of treatment. The approach of modern, western doctors to treating a patient is the same as when treating a sickness with antibiotics: there is a specific organ, there are laboratory tests taken on this organ which show that it is not functioning within the expected norm, and there is a chemical solution selected which is intended to bring the organ back within the norm. As soon as testing shows that the organ is brought back to the norm, the doctor's task is viewed as completed. Instead of helping the person's body to deal with the problem, the body is entirely excluded from the process. When we receive the medicine for an affected organ we do not participate at all in fighting the sickness. This approach makes it even less likely that the doctor will help the individual to understand that health is the responsibility of the person not the practitioner.

Even the terminology that is being used by doctors reflects this approach of modern medicine. For example, "antibiotic," which is a Latin term, literally means "anti-life." And the term "pain-killer" is used to describe an entire class of medications intended to suppress pain.

On the one hand, the image of western medicine is very appealing. It has helped to cure many infectious diseases which previously destroyed thousands of lives. On the other hand, statistics show that in developed countries, even though the percentage of infectious diseases has decreased, the percentage of deaths from oncological sicknesses and so-called "stress sicknesses" - such as cardio-vascular diseases, diabetes, and psychosomatic illnesses - has increased drastically.

Today the picture is as follows: in Third World countries people are still dying from infections, and in First World countries people are dying from the sicknesses that result from drugs used to treat these same infections. This is because the methods are not focused on strengthening the person's immune system, but rather end in its destruction.

Today's field of medicine is like a battlefield, where the fight is over individual ailments. We've conquered chicken pox, the Black Plague, and have discovered antibiotics. And as a result we are winning individual battles but losing the overall war. Of course, when one goes to the doctor for a routine check-up, one doesn't think of this problem. But at the same time every one of us makes a conscious or subconscious choice of which path to follow: whether to be at war with disease or to focus on preventing illness. We would

assert that these are very different approaches that ultimately produce very discouraging results.

The first approach is very well known to most of us in the form of the passive “pill-taker” role. “They (doctors) will ‘fix’ me from the negative effects of my lifestyle.” What we are offering in our medical center is drastically different. We are offering a partnership to everyone interested in restoring and preserving their health, on the one hand by means of our knowledge, experience, and development, and, on the other hand, by our readiness to help the individual change and take both responsibility and real action concerning their health. We can not only make you healthy, but also teach you how to preserve and maintain your health. The “Life in Balance” program developed by us is focused not only on bringing one up out of their sickness, but also on bringing one to their own individual balance.

The program consists of three parts: the first part is diagnostic. The goal of this part is to determine the “passport” of one’s health. The second part is re-directing - that is, bringing one into balance. The third part consists of coaching the person to more consciously approach his/her health and helping him to deal more independently with his health.

Let’s talk about the first part: diagnostics. The first thing that distinguished our approach from the classical approach is that we seek to assess the individual’s microsymptomatics. This is the issue that is not always paid attention to and not always included in one’s assessment of symptoms and pathology in classical medicine. Complaints of minor ailments in different parts of the body may not qualify as full-blown sicknesses, but nonetheless deviate from the norm and disrupt one’s balance. The second difference is an energy assessment of the body, which is accomplished through the use of computer diagnostics. The third is an assessment of the condition of the spine, because it is the axis of the entire body. It influences the behavior of many of the body’s systems and organs. Then there is an analysis of nourishment stereotypes and an evaluation of whether that nourishment is suited to the individual. After evaluating all of these aspects it becomes possible to more clearly understand the present situation of the person’s body and organs. Then we can anticipate the future and understand which corrective measures are needed.

For example, one of the most urgent problems in modern society is stress. Every person’s body reacts to stress with changing levels of the hormone cortisol. This is a standard reaction to stress. But then every person has their own individual somatic response, as we mentioned earlier. For some this may be increased blood pressure, for some a heart attack, stroke, diabetes, or depression. This shows that one’s answer to the many presenting factors must be individualized. Our diagnostic approach allows us to understand which bodily system or organ in the individual reacts the most, and thus we can focus on correcting that particular system or organ without waiting for it to completely break down. Putting all this information together, we then analyze and determine the person’s energy type and its deviation from that individual’s proper

balance. We can develop an individual program of re-direction which involves focusing on the spine, diet correction, restoration of mineral and vitamin balance, correcting psychological imbalance, and acupuncture.

The “Life in Balance” program is not only for sick people, but also those who are healthy. As we said before, it can help to sustain and safeguard your body’s individual balance. Of course, we also work with serious chronic illnesses such as spine and joint disability, headaches, indigestion, allergies, chronic tiredness, weight issues, impotence and a diminished immune system. Our approach has already been proven to be effective.

“My health became so much better! The pain in my leg that constantly bothered me completely disappeared. I became more patient and calm. One month of treatment is like a real miracle.”

L. P.

“The “Life in Balance” program is a unique program that helped me to look at myself from the inside and understand what my body really needs.”

V. C.

“This program restored the hope that I could live without pain.”

I. S.

“Your office is like a treasure chest of miracles, because here they really know how to treat one, not only with great professionalism, but also with a warm heart.”

A. V.

For further information please call 847 - 724 - 1777.